

GOVERNMENT VICTORIA COLLEGE PALAKKAD



GENDER SENSITISATION PROGRAMMES 2018-2019

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Gender Sensitization

Award for Best Women's Development Cell

The highlight of the year was the **recognition of the endeavours of the college in the direction of women's empowerment** which came in the form of the **award of the Best Women's Development Cell** for outstanding contribution to the empowerment of girl students given by the department of Women's Studies, University of Calicut for the year 2018-19:



Video link of Activities for the Year 2018-2019

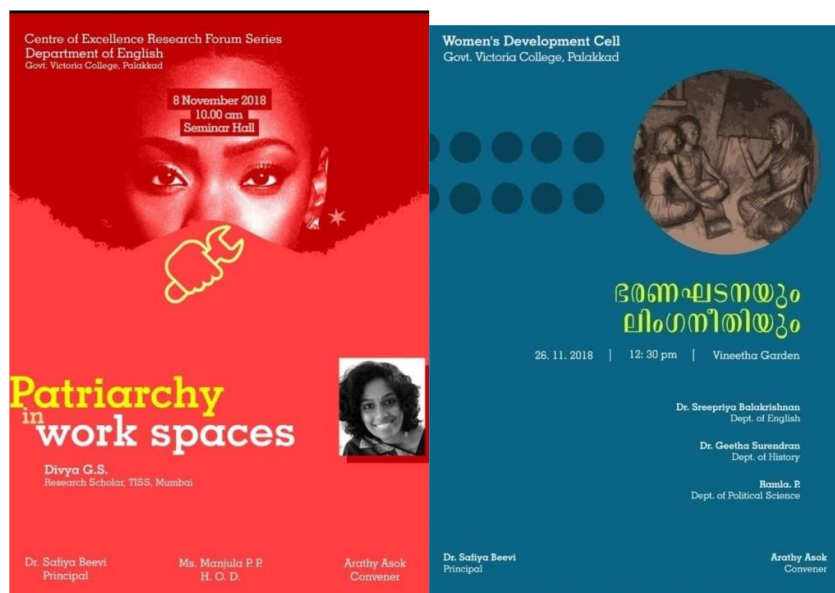
The Women's Development Cell Activities for the year 2018-2019 have been portrayed in the **short video**, the link of which has been shared below:



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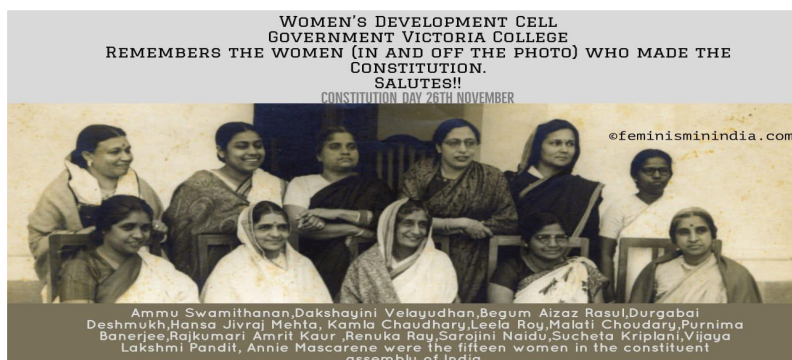
Talks on Gender-Related Topics

The year witnessed several talks on gender sensitisation and women's issues including the **research forum on "Patriarchy in the Work Spaces,"** on 8/11/2018 and the open discussion on **"Constitution and Gender Equity"** held on the constitution day, 26/11/2018.



Honouring the Women who made the Indian Constitution

On Constitution Day in 26/11/2018, the Women's Development paid tribute to the women who were instrumental in making the Indian Constitution:



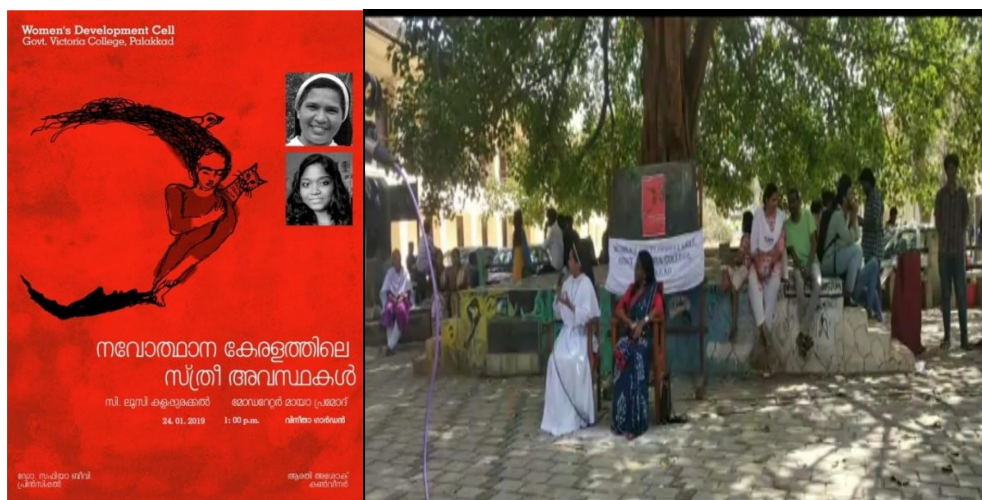
Documentary Screening and Discussion

Two documentaries on women's issues were screened in the campus during the year, **Priyanka Ishwari's** film on Menstruation, **"Bloody Women"** on 19/12/2018 and **Bina Paul's** **"The Sound of Silence: Policing Women, Gender Discrimination in Kerala Campuses"** on 18/2/2019. The screenings were followed by active deliberations and discussions:



Meet a Change: Addressing Lives and Social Issues

The students had an opportunity to interact with **Sr. Lucy Kalapurackal, the activist nun who raised her voice against the sexual exploitation of nuns in convents** in the programme, “Renaissance and the Condition of Women in Kerala” on 24/01.2019 at Vineetha Garden:



Queer Pride March

In solidarity with the LGBT people, a **Queer Pride March** was organised by the Women's Development Cell on 11/10/2018. The first of its kind in Palakkad, the march was inaugurated by the Queer Activist Mx. Praveen, also a student of Maharaja's College, Ernakulam. Several activists and Members of LGBT community interacted with the students and faculty and shared their experiences. The march from Vineetha Garden to Fort Maidan, an

important cultural and historical monument and a pivotal public space of the town created ripples and was a significant move in the creation of a spirit of empathy, inclusiveness and understanding of this marginalized group of people:



Workshop on Menstrual Hygiene

A workshop on Menstrual Hygiene was held on 8/11/2018, in which the **benefits of menstrual cup**, which is more economical and user friendly was explained by Divya, a scholar of TISS, Mumbai. It also included a class on “**Menstrual and Sexual Health**” by **Dr. Sindhu, Nodal Officer, Adolescent Reproductive and Sexual Health, Palakkad**. The workshop

enabled a free discussion among students of problems and societal taboos related to menstruation.



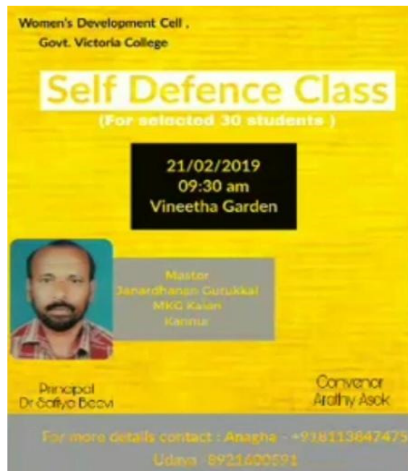
Break the Curfew: Evening with Music

The programme was meant to **break the curfew time imposed on girls** and help them **feel responsible for themselves during night**, beyond curfew time. Held on 7/12/2018 after 6 PM, the event had musical performances by Aakamsh, a beat boxer and students from the college:



Self Defence Class

30 students were trained by Janardanan Gurukkal on **methods of thwarting unwanted physical attention** on 21/2/2019.



Women's Day Celebrations

Women's Day was celebrated on 8th March 2018 with many events, the highlights of which were **“Think Equal,”** a bike rally by girl students of the college to the town, **“Women for Peace,”** a Graffiti organised in the college, **Film Screening** and **Ghazal Night**:

