

## Annual Gender Sensitization Action Plan

The Annual gender Sensitization Plan for the year 2021-2022 has been prepared by taking the cognizance of the policies of the college during the previous years and the pandemic-induced situation of the current year. All programmes and events will be held with **strict adherence to the covid protocol**. Online platforms and social media will be used for conducting gender sensitization programmes. This includes the **use of video conferencing** apps like Zoom and Google Meet and **social media sites** like WhatsApp, Facebook and You Tube.

### The specific events/plans proposed

- A webinar on the problems faced by women employees and female students like stress and work pressure during the covid pandemic.
- Counselling sessions for female students, staff and students in general organised by the Women's Development Cell and Jeevani, the counselling unit to cope with the pandemic.
- An awareness programme on covid pandemic and hygiene and a campaign on covid vaccination for the students, staff and the general public.
- A webinar on Women Empowerment hosting speakers and resource persons from various parts of the country.
- Webinar on the legal aspects of domestic violence.
- Collection and online sharing/screening of movies and documentaries based on gender issues by the film club of the college.
- Online yoga and aerobic sessions for the girls and female staff with the help of the Physical Education Department.
- Talk on the problems of menopause for the female employees.
- Providing more facilities like a napkin vending machine in the girls room and a retiring room where girls can rest if they are sick during days of menstruation.
- Upgrading the facilities of the Day Care Centre.
- Kitchen Garden scheme to increase yield of the organic vegetable farm and the sales of the vegetables and a talk on organic food.